2016 Winter Workshop Series
January – April

Workshop Registration
Complete the registration form at the end of this newsletter (Side 1 and 2) for the workshop(s) you wish to attend, then forward with payment to circulation@nscece.ca. As an alternative you may mail in your registration or drop it off in person at the Early Years Community Development Centre, Mon - Fri, 8:30 am to 4:30 pm. Evening hours change seasonally through the academic year for evening hours so please check in advance. You will be notified when your registration is confirmed.

Workshop fees are non-refundable. A voucher will be issued if the College is notified of cancellation a minimum of seven (7) days before the scheduled workshop date. Vouchers are redeemable for up to one year from date of workshop. Non-attendance does not constitute cancellation. There is a $25 fee for NSF cheques. There is a $10 fee to replace a lost certificate.

Payment Options
The College will accept in-person debit or credit card payments (VISA and MasterCard), PayPal, money orders, and cash or cheques. Phone registrations will not be accepted.

PayPal payments can be made at www.nscece.ca/payment.

- Select the appropriate workshop price on the web site
- Enter the name of the workshop and any the full names of any participants when you submit your payment.

Newsletter
To subscribe to the newsletter and receive workshop information follow the subscription link at www.nscece.ca.

Contact
Carrie Melsom, Early Years Program Services Director, resourcecentre@nscece.ca
902.423.7114 Ext. 227.

Look For The Workshop Symbol
NSCECE offers a wide variety of workshops each year to meet diverse professional development needs for people working in early learning and child care settings. It is our belief that people at different stages of their career look for different types of professional development opportunities and are interested in different types of conversations about their work. Look for these symbols on our workshop schedules to help you decide if a workshop fits your stage of development.

**Budding:** Just starting your career in early childhood education? These workshops are designed to meet your early needs and to prepare you for the challenges that lie ahead.

**Advancing:** Growing in your career? Past the basics? These workshops provide advanced training for maturing early childhood educators, which will reinvigorate you and motivate you to climb a little higher.

**Master:** These workshops are designed to challenge seasoned early childhood educators who have a rich background in ELCC. You’ll dig deeper and find new and innovative information for your maturation and skill level.

We look forward to your suggestions and feedback about workshops which helps us fine tune programming for the next term. Please call 902.423.7114 Ext. 227 or e-mail resourcecentre@nscece.ca.

Membership
Annual membership for the the Early Years Community Development Centre resource library can be obtained on an individual or group basis. www.nscece.ca/resource-centre/memberships.
Topics In This Section Support Reflective Practice And Thinking In Areas Such As:

caring and nurturing relationships;
devvelopmentally appropriate practices and routines;
design of enabling environments that support learning through exploration and inquiry;
the environment as the third teacher;
health, safety and wellbeing
Emotional Intelligence for Early Childhood Educators and Early Years Professionals

FEBRUARY 2 · TUESDAY · 7pm – 9pm

Understanding and managing emotions are important resiliency abilities for adults as well as children. Emotional intelligence helps us cope with job stressors and provide role modelling for children. There are a number of key abilities and skills relating to emotional intelligence that can be developed through awareness and practice. In this workshop participants will explore what is meant by emotional intelligence, self-reflect, and discuss suggestions for enhancing their own responses to common workplace stressors.

Presenter – Lisa Davies
Lisa Davies has been working with children and families in not-for-profit agencies and government for over 25 years. Lisa was a full-time faculty member at the Nova Scotia College of Early Childhood Education and is currently the Executive Director of the Dartmouth Child Development Centre.

Hearing Ourselves Speak

MARCH 1 · TUESDAY · 7pm – 9pm

One of the most important features of responsive caregiving is an engaged and positive connection. Sometimes the words we choose or the tone we use with children can sabotage our efforts to guide and support them as they learn to navigate the social world. Perhaps you’ve caught yourself, or been out in the community and heard someone else, suddenly barking out orders over the heads of a group of children. This workshop will focus on the words we choose and the ways we can use them to positively guide children.

Presenter – Lisa Davies
Lisa Davies has been working with children and families in not-for-profit agencies and government for over 25 years. Lisa was a full-time faculty member at the Nova Scotia College of Early Childhood Education and is currently the Executive Director of the Dartmouth Child Development Centre.

Tension, Anxiety, and Stress: The Common Cold of Mental Health!

MARCH 5 · SATURDAY · 9am – 3:30pm

What is anxiety? What are the bio-physiological effects of high cortisol levels in our bodies? How can we reduce stress and tension in ourselves, in the children in our care, and their parents? These questions will be explored with Dr. Mike Buckley PhD psych, and Pam McNish ECE. The workshop will include practical exercises and hands-on opportunities to learn and try out strategies that will help reduce stress. Workshop participants will receive a packet of resources to take with them. Nutrition break provided. Please bring a bag lunch.

Presenters – Dr. Mike Buckley and Pamela McNish
Dr. Mike Buckley, PhD (psych and RCT (MA, counselling) is a Registered Counselling Therapist and Canadian Certified Counsellor with 35 years experiences in counselling, rehabilitation, and treatment. He began his career working with children in special needs in schools, the community, at group homes, and as a family support social worker. He later oversaw the conversion of a traditional sheltered work environment into a cutting edge psychosocial rehabilitation program in Hamilton, Ontario before moving to Nova Scotia in 1992. He has worked as a counsellor and psychotherapist in several locations around South West Nova, Halifax, and the Valley for the last 23 years. Currently he works in Bedford where he has a private practice specializing in working with individuals and families experiencing complex problems with stress, trauma, PTSD, and anxiety.

Pamela McNish, BA and ECE, has worked with children and families for over 15 years in a teaching and resource capacity. Currently she is in private practice as an Early Childhood Educator who specializes in sensory based treatment within a unique multi-sensory room at The Compass Rose Health and Wellness Centre in Bedford. She provides assessments and developmental consults for therapists working with families and children as well as child programming for families attending the Centre for other forms of therapy.
Where Teaching Begins: Exploring our image of infants and toddlers

MARCH 8 · TUESDAY · 7pm – 9pm

Our ‘image of the child’ is central to how we live and work with children in our early learning and care programs. “He’s so cute!” or “What a sweetie!” are innocent remarks that are often heard in infant and toddler programs but how do these images of young children affect the learning and care environments we create? In this session we will consider our ‘image of the child’ as it relates to infants and toddlers. Through the use of small case studies, personal stories and photographs we will examine our beliefs and ideas about our youngest learners and consider how these beliefs affect our learning and care practices.

Liz asks that you please bring one or two photographs of infants and or toddlers that show what you believe about children of this age. These photos can be of children you work/live with, or they can be magazine images.

Presenter – Elizabeth Hicks
Elizabeth Hicks has been working in child care for over 30 years. She currently works as an independent consultant and supports early childhood practitioners in thinking about their programs and their goals for children.

Where Teaching Begins: Exploring our image of preschoolers and older children

MARCH 22 · TUESDAY · 7pm – 9pm

The media is full of images and ideas about children – sometimes being cute and well-behaved but occasionally being troublesome and disruptive, or vulnerable and in danger. These images convey messages and concepts that our society has about children. Educators also have an inner idea or ‘image of the child’ that inspires their work with children. Our practice is based on the ‘image of the child’ that we hold – it is reflected in our attitudes, our interactions, the way we set up the learning environment and the things we do with children. Working with small case studies, stories and photographs participants will deepen their appreciation of how ideas and beliefs about children affect their practice.

Presenter – Elizabeth Hicks
Elizabeth Hicks has been working in child care for over 30 years. She currently works as an independent consultant and supports early childhood practitioners in thinking about their programs and their goals for children.

“Each one of you has inside of yourself an image of the child that directs you as you begin to relate to a child. This theory within you pushes you to behave in certain ways, it orients you as you talk to the child, listen to the child, observe the child …”

- Loris Malaguzzi

Digging Deeper: Exploring how our image of toddlers influences our learning environments and practices

May 7 · SATURDAY · 9am – 3:30pm

Our image of the child is a powerful predictor of the early learning and care environments we create for children. When we look at the inspiring environments that others create we are often left with questions about how they work in reality. Feelings of scepticism are to be expected when our image of the child does not align with the image that has inspired the environment that we are being shown. In this workshop participants will have an opportunity to explore their beliefs about toddlers by examining and discussing the learning and care environment created by the toddler team at Jubilee Road Children's Centre. The morning will be spent at the College discussing how beliefs about toddlers enrich or constrain the environments we design for them. During the afternoon, presenter Jennifer Solomon has invited participants to visit her classroom and engage in a hands-on exploration of her toddler learning environment. Participants will experience some of the daily routines and practices that support children's successful participation in Jennifer's classroom. Come prepared to ask questions, problem solve and tease out the practicalities of working in an environment designed for the "competent child". Nutrition break provided. Please bring a bag lunch. Limit of 25 participants.

Presenter – Jennifer Solomon

Jennifer Solomon is a toddler teacher at Jubilee Road Children's Centre (www.jubileeandbeech.ca). She is a passionate advocate for the emergent curriculum approach. Jennifer earned her Early Childhood Education Diploma from Algonquin College in Ontario and has worked in childcare since 2000. She has been offering workshops at NSCECE for the last few years to help teachers explore new ideas, and find inspiration for their classrooms and practice.

An Idea for When a Child First Arrives:

Put a few small toys and sensory and creative items from your room inside a shoebox. When a child first arrives, if they are not quite ready to join the larger group, you can give them the shoebox and provide them with a quiet space to explore the items inside. Observe the child. Notice what they like best and seem drawn to. What are their interests? This will help you to get to know the child and to engage with them further. It might even help you to engage them with other children in the program! Whatever toy or activity they seem drawn to can be extended into the larger group when the child seems ready to start interacting more with the other children. You might also find that the child becomes attached to the shoebox and the items inside. If so, provide the child with his/her own shoebox that has special things that they like. It may be comforting for them to know that there box is there for them when they need it.

(From: Caring for Syrian Refugee Children: A Program Guide for Welcoming Young Children and Their Families, 2015, p. 27)
Topics In This Section Support Reflective Practice And Thinking In Areas Such As:

- fostering learning through play and inquiry;
- embedding rich literacy and numeracy experiences into the program;
- developmentally appropriate practices;
- inclusion and diversity; the cycle of inquiry;
- the roles of educators; specific teaching strategies;
- opportunities to mess about with materials and ideas
Natural Curiosity: Using inquiry based learning to nurture a sense of wonder in the world around us

FEBRUARY 16 · TUESDAY · 7pm – 9pm

What does this inquiry-based learning look like? How do teachers nurture children’s sense of wonder so that they develop a lasting appreciation for the natural world? And how do teachers empower children to contribute to their own learning and development, rather than passively take in information from the teacher? These are some of the ideas and questions we will explore during this workshop.

Presenters – Bora Kim and Elizabeth Hicks

Bora Kim is currently working at NSCECE as an Early Years Program Specialist. She holds Master’s in Child and Youth Study from Mount Saint Vincent University. Bora studied and practiced inquiry based learning through her practice in child care centres, her Master’s thesis research, and the East Hants Outdoor Play Project that she was involved in as a co-researcher.

Elizabeth Hicks has been working in child care for over 30 years. She currently works as an independent consultant and supports early childhood practitioners in thinking about their programs and their goals for children.

ABCs of Behaviour
(Repeat)

MARCH 5 · SATURDAY · 9am – 3:30pm

The ability to accurately observe, measure, and respond to challenging behaviour is integral to understanding why individuals act the way they do and how to teach desirable behaviour. During the ABCs of Behaviour workshop, foundational and theoretical knowledge of behaviour will be explored. Through dynamic discussion, video examples, case studies, role play and group activities, participants will learn about the behaviour model and how to make effective behaviour change. Learning these basic behavioural principles will enable early childhood educators to better recognize and respond to challenging behaviour, thereby increasing the opportunity for each child to fully engage in their learning environment. Nutrition break provided. Please bring a bag lunch.*

Presenters – Nicole Robinson and Sorcha Parker

Nicole Robinson, M. ABA has been happy to call Nova Scotia home since 2010. Originally from Ontario, Nicole moved to Nova Scotia to pursue a role as a Communicative Disorders Assistant. Her keen interest in working with young children with autism spectrum disorder led her to the position of Program Implementer with the IWK Early Intensive Behavior Intervention Program. Nicole recently completed a Masters Degree in Applied Behavior Analysis with an emphasis in Autism and currently provides behavioral support services as a Behavior Therapist through the business she co-founded, Reach Out Respite. Nicole is eager to share her knowledge and experience regarding teaching early learners behaviour and communication skills, especially those with autism and other exceptionalities.

Sorcha Parker, M.Sc., BCBA is a Board Certified Behaviour Analyst providing evidence based treatment services to clients with developmental delays, Down’s Syndrome & autism spectrum disorders. She earned her bachelor’s degree in psychology from St. Mary’s University and a master’s degree in Clinical Psychology from The Institute for Psychological Sciences, in Arlington, VA. She completed her graduate training in applied behaviour analysis (ABA) through Pennsylvania State University. As a Certified Behaviour Analyst, Sorcha is a member of a regulated international body of practitioners adhering to strict standards of ethical and professional conduct, and required to engage in ongoing continuing education in order to provide the most up to date, evidence based treatment for clients.

* Participants taking this workshop may also want to register for: Developing and Applying Effective Behaviour Strategies in the Classroom on May 7 (page 16)
Understanding Child Sexual Development
MARCH 29 · TUESDAY · 7pm – 9pm

Sexual development begins at conception and develops across the lifespan. It can impact a child's self-esteem, relationships, and it can protect them from harm. Strategies about how to incorporate sexuality education in early years programming will be reviewed using natural learning opportunities and developmentally appropriate resources. Information about prevention and risk reduction of sexual abuse will also be covered in this interactive presentation.

Presenter – Emily Martinello
Emily Martinello is a part time instructor at NSCECE. Her work in early intervention, and her volunteerism in recreation for youth and adults with disabilities, inspired her to pursue her Master's degree in Child and Youth Studies to help address a lack of information and resources about sexuality and disability.

Arts & Crafts in Early Years Programming
APRIL 5 · TUESDAY · 7pm – 9pm

Kids’ crafts are so cute and satisfying. Stuck in family scrapbooks and keepsake boxes they look like childhoods we remember so it can be challenging for parents, parent/tot groups, and educators to let go and make room for more open-ended, and process-based creative experiences. Join Krista and Megan to discuss the differences and the importance of both kinds of experiences. Learn simple techniques to change some of your favorite crafts into art experiences that can make memories and promote learning and creative expression for children. This is an opportunity to reflect, be creative, and share ideas with colleagues.

Presenters – Krista Hetherington-Duffy and Megan Ewing
Krista Hetherington-Duffy is a graduate of MSVU, Child and Youth Studies & Family Studies and Gerontology. She worked in centre based early childhood education for eight years before becoming a stay at home mother of four and caring for children from her home.

Megan Ewing is a graduate of SMU and NSCECE. She has been working for Point Pleasant Child Care Centre in the Infant Toddler room since 2011.

A Hop, Skip and a Jump: Enhancing Physical Literacy in Early Childhood Settings (Repeat)
APRIL 9 · SATURDAY · 9am – Noon

It is common to think that children learn movement skills as a natural part of growth and development. This is often not the case. Just like reading and writing children need opportunities to learn and practice basic movement skills while engaging in different forms of active play. This workshop is designed to help early childhood educators to introduce children in the early years to safe and playful environments in which they are able to explore a wide range of physical activities. The workshop is intended to promote increased daily physical activity amongst preschool children and to enhance their physical literacy development. Participants will explore the concept of active play in structured and unstructured environments and design specific activities for fundamental movement skills that promote physical literacy development. This workshop has been developed by the Active Living Branch of the Nova Scotia Department of Health and Wellness. An activity resource booklet provided to each participant. Nutrition break provided. Maximum 25 participants.

Presenters – David Hubley
David Hubley is a retired Phys. Ed teacher who worked with all ages of children while teaching. Dave is the Master Learning Facilitator for Fundamental Movement Skills in Nova Scotia. He is passionate about improving the competency and confidence of movement in children and is looking forward to working with early childhood educators in this very important area of child development.
Moving Beyond Playdough, Making Sculpture with Children

APRIL 9 · SATURDAY · 1pm – 4pm

Making things which stand up is exciting but challenging for most children. Come explore through hands-on activities how to support children in creating and expressing themselves through sculpture. Learn practical, safe and effective ways to work with interesting three dimensional art media such as clay, wire, plaster, and cement. Nutrition break provided. There is a $5.00 materials fee for this workshop. Maximum 25 participants.

Presenter – Annette Comeau
Annette Comeau, founder of Carton Creative Education Consulting, has been working in childcare for 18 years. She has an ECE Diploma and degrees in Fine Art, Art Education and Graphic Design. She is inspired by the Reggio Emilia approach and is passionate about making art with children and adults.

Making Learning Visible: A Documentation and Studio Experience with Carol Anne Wein

APRIL 23 · SATURDAY · 9am – 3:30pm

What does it mean to learn? Does the term “learning” mean the same things to each of us? Does it have different meanings for the learner, compared to the educator? Are our notions of learning for ourselves the same as our notions of learning in young children?

For this workshop, each of us will come prepared with a memory of a significant learning occasion selected from our own life. Working with a partner, we will each document our memory by creating an “echo object”. We will consider the meanings of the word “learning” in relation to these memories. This workshop day will give us a chance to explore our thoughts, to experience documenting a partner, and to experience what it is like to be documented. Nutrition break provided. Please bring a bag lunch.

Preparation 1: Come with a memory of a significant learning event in your own life. It can be from childhood or adulthood, recent or decades old. Your story will be shared with others, so choose a memory you are comfortable sharing with a group. (If you are unsure, try making a list of important occasions of learning in your life. Select several that appeal to you. Then choose one of those that is suitable for the workshop.)

Preparation 2: Bring tools for documenting---some paper, pen and pencils for notetaking and sketching, camera for images.

Presenter – Dr. Carol Anne Wien
Dr. Carol Anne Wien is Professor Emerita in the Faculty of Education, York University, Toronto. She is the author of The Power of Emergent Curriculum, Negotiating Standards in the Primary Classroom, and Developmentally Appropriate Practice in ‘Real Life,’ and editor of Emergent Curriculum in the Primary Classroom: Interpreting the Reggio Emilia Approach in Schools. She is a co-author, with Karyn Callaghan and Jason Avery, of the forthcoming book, Documenting Children’s Meaning. She has long been a student of the Reggio Emilia experience and a supporter of emergent curriculum, speaking frequently at conferences across Canada and in the USA. She loves the arts – traces of the creative spirit – and constantly attempts to build them into daily life.

Some Phrases from our Welcome to Child Care Booklet

Welcome to our child care program!
لاستطلاع ديعارلا مياعرلا جمانرب يف مكب ابحرم

The teachers are here to help you. Our names are: __________.
ملكل يوغنا مياعرلا مياعرلا مياعرلا مياعرلا مياعرلا مياعرلا مياعرلا مياعرلا

Here at child care, we want you to learn, have fun, and make new friends.
فرعمة لمصروب عصبيست،علعتب نأ كنلل ديرن أنه دج ءاقصأ ويلع

We have a special place for your things.
قيصر خوا ميضاير أل تعملصخم نكلباه أنددبل
The Joys of Light and Shadow

MAY 7 · SATURDAY · 9am – Noon

Yes, a light table is wonderful, but this hands-on experiential workshop will inspire you to use light and shadow throughout your classroom. Language, science, and dramatic play, are just a few of the areas of the curriculum that can be enhanced. Participants will be able to work in small groups to create inexpensive light tables and shadow screens that will be raffled off at the end of the workshop. There is a $5.00 materials fee for this workshop. Nutrition break provided. Maximum of 25 participants.

Presenter – Annette Comeau
Annette Comeau, founder of Carton Creative Education Consulting, has been working in childcare for 18 years. She has an ECE Diploma and degrees in Fine Art, Art Education and Graphic Design. She is inspired by the Reggio Emilia approach and is passionate about making art with children and adults.

Developing and Applying Effective Behaviour Strategies in the Classroom

MAY 7 · SATURDAY · 1pm – 4pm

This follow-up to the ABCs of Behaviour workshop (offered Nov. 14, 2015 & March 5, 2015) will focus on the application of behavioural strategies in the classroom. This workshop will motivate participants to implement creative ideas to prevent and manage challenging behaviour, as well as teach new skills. Participants will engage in a dynamic discussion using real-life examples and use role play to actively practice and master new skills.

Presenters – Nicole Robinson and Sorcha Parker
Nicole Robinson, M. ABA has been happy to call Nova Scotia home since 2010. Originally from Ontario, Nicole moved to Nova Scotia to pursue a role as a Communicative Disorders Assistant. Her keen interest in working with young children with autism spectrum disorder led her to the position of Program Implementer with the IWK Early Intensive Behavior Intervention Program. Nicole recently completed a Masters Degree in Applied Behavior Analysis with an emphasis in Autism and currently provides behavioral support services as a Behavior Therapist through the business she co-founded, Reach Out Respite. Nicole is eager to share her knowledge and experience regarding teaching early learners behaviour and communication skills, especially those with autism and other exceptionalities.

Sorcha Parker, M.Sc., BCBA is a Board Certified Behaviour Analyst providing evidence based treatment services to clients with developmental delays, Down’s Syndrome & autism spectrum disorders. She earned her bachelor’s degree in psychology from St. Mary's University and a master’s degree in Clinical Psychology from The Institute for Psychological Sciences, in Arlington, VA. She completed her graduate training in applied behaviour analysis (ABA) through Pennsylvania State University. As a Certified Behaviour Analyst, Sorcha is a member of a regulated international body of practitioners adhering to strict standards of ethical and professional conduct, and required to engage in ongoing continuing education in order to provide the most up to date, evidence based treatment for clients.

Building a Foundation for Language Learning:

Let parents know how important it is to maintain a child's first language:

• The first language carries all the personal, family and cultural history, including songs and stories.
• It fosters much stronger bonding between parent and child.
• The first language carries more emotional tone and comfort.
• Emotions are more thoroughly and frequently expressed.
• Conversations happen more naturally and frequently.
• First language modeling is critical for second language learning.

(From: Caring for Syrian Refugee Children: A Program Guide for Welcoming Young Children and Their Families, 2015, p. 36)
Re-Connecting with Nature Workshop

MAY 28 · SATURDAY · 9am – 5pm
The Adventure Earth Centre (68 Parkhill Road, Halifax)

The Re-Connecting with Nature workshop is a hands-on day of outdoor adventure to improve your ability to lead and share an appreciation and understanding of nature with children and youth. Participants will improve their leadership skills, gain practical activity ideas, network with like-minded folks and have fun in nature. The workshop is offered through Hike Nova Scotia in partnership with the Nova Scotia Department of Health and Wellness with support from Acadia University.

Participants in this workshop will have the opportunity to:

• understand the value and key concepts in reconnecting children and youth with nature.
• improve their skills in facilitating experiences in nature with others.
• identify valuable ideas, activities and resources for this work.
• have fun and get to know other resourceful people.
• strengthen networks of people committed to reconnecting others with nature.

The leadership team includes Dr. Alan Warner and George Taylor, who have been designing and leading award-winning environmental education programs for all ages for more than 30 years. George Taylor, now retired, was the overall coordinator for outdoor and environmental education for HRM and oversaw the workings of the Adventure Earth Centre in Halifax. Dr. Alan Warner teaches in Environmental and Sustainability Studies and Recreation Management and Community Development at Acadia University and provides on-going assistance with program development and training at the Adventure Earth Centre (www.earthed.ns.ca/about.php)

Nutrition break provided. Please bring a bag lunch. Maximum 24 participants.
Topics In This Section Support Reflective Practice And Thinking In Areas Such As:

- promoting a sense of belonging, wellbeing & connection;
- developmentally appropriate practices and routines;
- valuing the richness of our diverse communities;
- collaborating to empower children, families & communities;
- advocacy and professionalism

NSCECE Lab School Director, Joelle Rowlings and Liberal MP for Halifax, Andy Fillmore welcoming children on National Child Day at Leeds Street Child Care Centre. (Fall 2015)
Talking the Talk: Parent Friendly Conversations
JANUARY 26 · TUESDAY · 7pm – 9pm

Getting dirty can be educational and fun but it can also create tensions between educators and parents. Knowing your educational approach and being able to communicate its benefits for children can help get parents on board with your programming choices. Good communication and positive relationships with families lie at the heart of our work with young children. Join Krista and Megan for a discussion about appreciating parent perspectives and sharing your own. Krista and Megan know both sides of this conversation; when they first met Krista was the parent of a child in Megan’s classroom.

Presenters – Krista Hetherington-Duffy and Megan Ewing
Krista Hetherington-Duffy is a graduate of MSVU, Child and Youth Studies & Family Studies and Gerontology. She worked in centre based early childhood education for eight years before becoming a stay at home mother of four and caring for children from her home.

Megan Ewing is a graduate of SMU and NSCECE. She has been working for Point Pleasant Child Care Centre in the Infant Toddler room since 2011.

Walking the Walk: Family Friendly policies and practice
FEBRUARY 9 · TUESDAY · 7pm – 9pm

It is very common for early learning and child care programs to promote themselves as family friendly in their mission and philosophy statements. Publishing this value is a wonderful place to start but programs also need to clarify what this means in practice for their families, staff and children. During this workshop participants will explore some family-friendly policies and examine the role of the environment and positive relationships in ensuring that program policies and practices welcome and support families in all their diversity.

Presenter – Karen Patterson
Karen Patterson BA, ECE, is the Inclusion Resource Teacher and Assistant Director of Leeds Street Child Care Centre. She has operated her own home-based program and has worked for the HRSB. Karen and the team at Leeds believe that a family- friendly approach is the key to the success of their program.

Welcoming and Supporting Newcomer Children and Families
FEBRUARY 23 · TUESDAY · 7pm – 9pm

Every child who comes to your program has an unique life story and individual needs, but young newcomer children and their families have additional needs as they settle into Canadian communities. In this workshop we’ll look at who is coming to Nova Scotia and where they are coming from. We will identify day-to-day practices that we can use to support the cultural identity of children enrolled in our programs and we will look specifically at implications for social and language development. Join us for activities, discussion and resource sharing.

Presenter – Carrie Melsom
Carrie Melsom is the Director of the NSCECE Early Years Community Development Centre and has been teaching children or adults since 1986. She values classrooms as diverse learning communities and believes the thoughts and voices of every member have value in creating rich and engaging learning and care environments where everyone can thrive.
FAMILY & COMMUNITY RELATIONSHIPS

Relationship Based Caregiving: An Introduction to the Circle of Security for Early Years Professionals

APRIL 9 · SATURDAY · 9am – 3:30pm

Circle of Security International (COS) has used 50 years of research to develop its highly respected and effective “relationship based program designed to enhance attachment security between caregivers and children.” (www.circleofsecurity.net)

During this interactive workshop we will explore some of the COS material specific to 0-6 year-olds. As we explore a relationship-based approach to caregiving we experience a shift in perspective. This shift brings joy, energy and creativity to our work and our interpersonal relationships enhancing our relationships with children and their parents.

Presenter – Susan DeWolf
Susan DeWolf, MEd (counselling), CCC, RCT-C, has completed the 4 day Parenting Training and the 10 day Intensive Training with Circle of Security International. She brings a unique blend of education and a holistic approach to family intervention. She has had the honour and privilege to work with families, volunteers and educators for over 20 years. Nutrition break provided. Please bring a bag lunch.

Cultural Diversity: Walking with families in their first steps in Canadian Society

APRIL 12 · TUESDAY · 7pm – 9pm

Pisat, hamam, geesh; are important words in a multilingual child care environment. Our province welcomes hundreds of newcomer families each year. In this workshop we will discuss some of the challenges that families may face during resettlement and how your Early Years program can support newcomer children and their families.

Presenters – Sarah Dorey and Annette Carroll
Sarah Dorey is a graduate of the CHYS (MA) program at Mount Saint Vincent University. She has been teaching part time at MSVU for the past several years as well as working with Newcomer children and their families at an adult English school in Dartmouth.

Annette Carroll is a graduate of the BCS program at Mount Saint Vincent University. She has been an Administrator and an Instructor, and is presently enjoying the joys of working with newcomer children and their families.
Topics In This Section Support Reflective Practice And Thinking In Areas Such As:

- exploring core values; human resources management;
- organizational climate;
- pedagogical leadership;
- empowering children, families, & communities;
- mentoring & coaching;
- creating learning communities
**Values, Vision & Pedagogy**

January 22 & 23 · FRIDAY & SATURDAY
Dalhousie Student Union Building
A 2-day Study Institute for ELCC Leadership Teams

**Facilitators: Anne Marie Coughlin and Angela Woodburn London Bridge Child Care Services Inc.**

Committed to providing quality early learning environments for your families, children, and educators? Looking for inspiration? Wondering about key leadership principles that can guide and support you in this incredibly complex work? Join us for a 2-day study institute focused on the role of values in pedagogical leadership. London Bridge has used a focus on values to inspire their work and learning environments for fifteen years. London Bridge Child Care Services is recognized internationally for their program focused leadership model. Come learn about their journey and discover how a values focus has transformed their program and practice.

- Participate in a facilitated learning community
- Explore & identify core values
- Learn the four principles of a pedagogical approach to leadership
- Discover how these principles can inspire new administrative practices
- Practice using protocols that support reflection and learning
- Be inspired!

**Spaces Still available**

Registration closes January 11, 2016
After January 11, 2016

$200
$230

To learn more about London Bridge visit [www.londonbridge.com](http://www.londonbridge.com)

To learn more about NSCECE visit [www.nscece.ca](http://www.nscece.ca)


Phone: 902.423.7114 Ext.227
E-mail: resourcecentre@nscece.ca
Everyone perceives stressful events in various ways. How we handle it can affect our personal lives, workplace, and the children and families we work with. Come spend the day with Leah and learn about how stress and workplace burnout can negatively affect our cortisol levels, sleep patterns and overall health. In the afternoon, Leah will share how we can heal, manage and protect ourselves and the children we work with from the negative effects of stress. Please wear comfy clothes. Nutrition break provided. Please bring a bag lunch.

**Presenter – Leah Doiron**

Leah Doiron is a graduate of the MSVU Child and Youth Studies Masters Program (2008). Since graduation she has worked in the Eskasoni First Nation and is manager of their FAS program. Leah provides in-home intervention to children at risk or diagnosed with developmental delay, and educates parents, caregivers, ECEs, and teachers about the effects that prenatal exposure to alcohol can have on development, learning, social skills and behaviours. Leah also offers workshops on self-care to caregivers.

Early Years Community Development Centre offers context-driven mentoring, one-on-one support and coaching that are directly related to daily concerns, learning and/or engagement in your classroom. These professional development services aim at creating long term, trusting and collaborative relationships that focus on program development, building capacity, and enhanced learning opportunities for children, families, and staff. Mentor consultants will design a mix of customized learning and job-embedded professional development opportunities to support learning and growth within the context of daily practice in your program. Teaching teams will feel empowered and energized and more able to meet everyday challenges since space and time are provided within the work day for on-going collaborative work, inquiry, and reflection. If you are ready to help your team soar, we are ready to support you. Our first visit is free. Please contact Carrie Melsom EYCDC Program Service Director at resourcecentre@nscece.ca to arrange your visit.
Topics In This Section Support Reflective Practice And Thinking In Areas Such As:

- communities of practice;
- panel discussions;
- book studies;
- career fair;
- special guest speakers
All Together Now!
Inclusion Support Group

The All Together Now group is a learning community for anyone who supports the inclusion process within regulated early learning and child care settings. We have been meeting for monthly for three years and are an open group so if you have an interest please contact us. The group is facilitated by Carrie Melsom, resourcecentre@nscece.ca.

We normally meet the last Monday of the month from 9 am - 11 am at NSCECE. Topics arise from the needs of the group and we share our questions and support and challenge each other as reflect on our values, beliefs and practices. There are occasional mini seminars and guests invited to speak to particular topics of interest. Each year two centres volunteer to host the group for a meeting and a tour.
## NSCECE 2016 Winter Workshop Registration Form

Mark the box beside each workshop title with the number of people registering. Make sure to read details and descriptions in this copy of *Tuned In*. Mark the dates on your calendar. Once you have calculated your total go to Side 2 and continue to fill in the registration form & payment method.

<table>
<thead>
<tr>
<th># OF PEOPLE</th>
<th>WORKSHOP TITLE</th>
<th>DATE</th>
<th>TIME</th>
<th>FEE PER PERSON</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Time for Play: Growing communities where young children thrive</td>
<td>Jan 21</td>
<td>7pm – 8pm</td>
<td>Free</td>
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<tr>
<td></td>
<td>Values, Vision &amp; Pedagogy Study Institute</td>
<td>Jan 22&amp;23</td>
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<td>$200/230</td>
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<td>Talking the Talk: Parent Friendly Conversations</td>
<td>Jan 26</td>
<td>7pm – 9pm</td>
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<td></td>
<td>Emotional Intelligence for Early Childhood Educators and Early Years Professionals</td>
<td>Feb 2</td>
<td>7pm – 9pm</td>
<td>$40</td>
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<tr>
<td></td>
<td>Walking the Walk: Family Friendly policies and practice</td>
<td>Feb 9</td>
<td>7pm – 9pm</td>
<td>$40</td>
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<tr>
<td></td>
<td>Natural Curiosity: Using inquiry based learning to nurture a sense of wonder in the world around us</td>
<td>Feb 16</td>
<td>7pm – 9pm</td>
<td>$40</td>
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<td></td>
<td>Welcoming and Supporting Newcomer Children and Families</td>
<td>Feb 23</td>
<td>7pm – 9pm</td>
<td>$40</td>
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<tr>
<td></td>
<td>Hearing Ourselves Speak</td>
<td>Mar 1</td>
<td>7pm – 9pm</td>
<td>$40</td>
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<td></td>
<td>ABCs of Behaviour (Repeat)</td>
<td>Mar 5</td>
<td>9am – 3:30pm</td>
<td>$80</td>
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<tr>
<td></td>
<td>Tension, Anxiety, and Stress: The Common Cold of Mental Health!</td>
<td>Mar 5</td>
<td>9am – 3:30pm</td>
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<td></td>
<td>Where Teaching Begins: Exploring our image of infants and toddlers</td>
<td>Mar 8</td>
<td>7pm – 9pm</td>
<td>$40</td>
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<tr>
<td></td>
<td>Where Teaching Begins: Exploring our image of preschoolers and older children</td>
<td>Mar 22</td>
<td>7pm – 9pm</td>
<td>$40</td>
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<tr>
<td></td>
<td>Understanding Child Sexual Development</td>
<td>Mar 29</td>
<td>7pm – 9pm</td>
<td>$40</td>
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<tr>
<td></td>
<td>Arts &amp; Crafts in Early Years Programming</td>
<td>Apr 5</td>
<td>7pm – 9pm</td>
<td>$40</td>
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<td></td>
<td>Relationship Based Caregiving: An Introduction to the Circle of Security for Early Years Professionals</td>
<td>Apr 9</td>
<td>9am - 3:30pm</td>
<td>$80</td>
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<tr>
<td></td>
<td>A Hop, Skip and a Jump: Enhancing Physical Literacy in Early Childhood Settings (Repeat)</td>
<td>Apr 9</td>
<td>9am - Noon</td>
<td>$45</td>
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<tr>
<td></td>
<td>Moving Beyond Playdough, Making Sculpture with Children</td>
<td>Apr 9</td>
<td>1pm - 4pm</td>
<td>$45</td>
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<td></td>
<td>Cultural Diversity: Walking with families in their first steps in Canadian Society</td>
<td>Apr 12</td>
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<tr>
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<td>Taking Care of You!</td>
<td>Apr 23</td>
<td>9am - 3:30pm</td>
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<tr>
<td></td>
<td>Making Learning Visible: A Documentation and Studio Experience with Carol Anne Wein</td>
<td>Apr 23</td>
<td>9am - 3:30pm</td>
<td>$90</td>
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<tr>
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<td>Digging Deeper: Exploring how our image of toddlers influences our learning environments and practices</td>
<td>May 7</td>
<td>9am - 3:30pm</td>
<td>$80</td>
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<tr>
<td></td>
<td>The Joys of Light and Shadow</td>
<td>May 7</td>
<td>9am - Noon</td>
<td>$45</td>
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<td></td>
<td>Developing and Applying Effective Behaviour Strategies in the Classroom (a follow up to the ABCs of Behaviour)</td>
<td>May 7</td>
<td>1pm - 4pm</td>
<td>$45</td>
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<td></td>
<td>Re-Connecting with Nature Workshop</td>
<td>May 28</td>
<td>9am - 5pm</td>
<td>$90</td>
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**TOTAL**
## NSCECE 2016 Winter Workshop Registration Form

**PLEASE PRINT CLEARLY**

Indicate all workshops you are registering for on the previous page (Side 1).

<table>
<thead>
<tr>
<th>Centre/Organization:</th>
<th>Director/Contact:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td>Fax:</td>
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<tr>
<td>E-mail:</td>
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<tr>
<td>Address:</td>
<td>Postal Code:</td>
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<table>
<thead>
<tr>
<th>Workshop Title / Date</th>
<th>Participants (First and Last Name)</th>
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<tbody>
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<td>1</td>
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<tr>
<td>2</td>
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<tr>
<td>2</td>
<td>3</td>
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</tbody>
</table>

### Payment Method

| Debit | VISA | MasterCard | Cash | Cheque | Money Order | PayPal |

Total Payment Amount: ___________________

Workshop fees are non-refundable. A voucher will be issued if the College is notified of cancellation a minimum of seven (7) days before the scheduled workshop date. Vouchers are redeemable for up to one year from date of workshop. Non-attendance does not constitute cancellation. There is a $25 fee for NSF cheques.