



# 2014 Fall Workshops

Workshops are held Tuesdays from 7:00 pm—9:00 pm at 6208 Quinpool Road, 2nd Floor, Halifax (\*\*unless noted as a workshop + tour)

## Architects in the Block Corner: Provisioning for Block Play

The block area can be one of the richest and most engaging areas for play and learning in the classroom. As children explore, design and build structures they are deepening their understanding of things like gravity, stability and balance. Towers, trails and enclosures can become the focus of small world pretend play and challenge children to represent and construct the environments of their imaginations. Come discuss how to support play in the block corner so that children in your classroom can explore the full potential of blocks.

**Stefanie Hazelden** has been working in the childcare field for many years. She has taught many workshops for NSCECE and also teaches courses at the College part time. Stefanie currently works with the Shearwater Military Family Resource Centre coordinating programs for families and children.  
**September 23, 2014**

## Let's Pretend: Creative Movement and Dance in the Classroom

Movement engages the whole brain, especially when it includes an element of let's pretend. The work of imagining and moving like ... or of tapping into our emotional state and sharing that through movement, is incredibly complex - it is also a lot of fun and a very natural and comfortable way for young children to express themselves. Come prepared to feel the beat and to move and explore the many ways we can include creative movement and dance in our classrooms.

**Stefanie Hazelden** has been working in the childcare field for many years. She has taught many workshops for NSCECE and also teaches courses at the College part time. Stefanie currently works with the Shearwater Military Family Resource Centre coordinating programs for families and children.  
**September 30, 2014**

## The Power and Necessity of Co-Regulation in the Early Years- Repeat

Young children have immature systems and are just beginning to develop the ability to manage their own upset or level of arousal. Parents and teachers can help children learn to self-regulate through soothing and other behaviours. Co-regulation, the way we adjust our own behaviour in response to another individual's cues, is a key feature of attachment and communication. Learn how adults can use their ability to co-regulate to support children in developing their own ability to regulate in the moment and into the future.

**Lisa Brett, M.A.** possesses a background in special education and early childhood disabilities. She honed her skills initially in the Florida public school system. She previously worked as an EIBI Program Implementer at the IWK. Lisa is currently a BVI Teacher with APSEA.  
**October 7, 2014**

## Time to Play (Birth - 18 months)

As Early Childhood Educators we understand the theory and importance of "play" in the infant room but can struggle to find the time to put our knowledge into practice. In this workshop you will learn how to weave "play" into the busy routine of the infant room. You will be able to make every moment an interactive learning experience for yourself and each child. Play should always be fun so come prepared to have some!

**Bernadette Fegan**, founder of *MIND Early Childhood Development Consultancy* has over 25 years experience in early childhood development, education and care. She mentors ECEs in the field and focuses her work on improving how developmentally appropriate interactions impact the child in the early years.  
**October 14, 2014**

## Organizing for Successful Program Transitions

Transitions into a new classroom, between programs, and into elementary school mark the beginning of new experiences. Children's reactions to new experiences vary greatly, as do parental reactions. Join us for a discussion on recommended practices that support child and family preparation for a positive adjustment when making a transition.

**Julie St. Pierre M.Sc.S-LP(C)** is a speech-language pathologist and owner of Stillwater Speech Therapy. She has a background in Child and Youth Study and has worked over 10 years with families and early childhood educators.

**October 21, 2014**

**Tuesday workshops are \$40. Resource Centre professional members receive a \$5 discount. The College will accept in-person debit or credit card payments, and cash or cheques. Fees are non-refundable. A workshop voucher will be issued if the College is notified of cancellation a minimum of 7 days before the scheduled workshop date. Non-attendance does not constitute cancellation. To subscribe to the newsletter and receive workshop information follow the subscription link at [www.nscece.ca](http://www.nscece.ca).**

**Registration is only accepted with a payment. Write down the date and title of the workshop(s) you wish to attend, and forward with payment to NSCECE. You will be notified if your workshop is full or is cancelled for any reason.**

To register, forward payment of \$40 per workshop to:

Nova Scotia College of Early Childhood Education, 6208 Quinpool Rd (2nd Floor) Halifax, NS B3L 1A3, 423-7114 Ext. 233

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## "I Have Values" - Easy to Say; But Easy to Do?

In this workshop we will examine what values are - and focus on one value that many expound - "respect" for children, families, each other and the environments in which we work. What do we really mean? Do we understand the implications for our lives with the children and families we work with? Do we live up to these values in our daily practices? Who do we disrespect when we are late for work? Set up cots at 9:30 am? Tolerate a cluttered environment? What do you think? Let's have a lively discussion about the value of respect.

**Elizabeth Hicks** has been working in child care for 25 years. She currently works as an independent consultant with Beacon of Quality and supports early childhood practitioners in thinking about their programs and their goals for children.

**October 28, 2014**

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## Recipes From the Mud Kitchen

If you've ever made a mud pie you'll understand how engaging mud can be. Dirt and water are readily available loose parts and mixing them together can be a compelling sensory and pretend play activity. If you follow any ECE blogs or pages you've likely seen photos of mud kitchens popping up in playgrounds around the world. Messy but fun makes sense to some but may be challenging for others. Come learn about the benefits of this type of play and work through the whys and hows of creating outdoor environments that support this type of play.

**Lisa Davies** has been working with children and families in not-for-profit agencies and government for over 20 years. Lisa was a full-time faculty member at the Nova Scotia College of Early Childhood Education and is currently the Director of the Dartmouth Child Development Centre.

**November 4, 2014**

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## Partnering for Play (Repeat)

As teachers of young children we understand the value of play in children's learning but are often uncertain about our roles in fostering learning through play. In this workshop Debbie will share the exciting work of Elizabeth Jones and Gretchen Reynolds from their book, *The Play's the Thing: Teachers' Roles in Children's Play*. Come explore possible answers to that nagging question "But what do I do while they're playing?" What can we do to support children's play and what should we avoid, if we truly believe in the potential of play?

**Debbie Thompson** is an MSVU Child Studies graduate. She is currently working as an EIBI Program Implementer for the IWK. Debbie has offered a number of upbeat and energetic workshops for NSCECE over the past five years.

**November 18, 2014**

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## Purposeful Play with Toddlers

When we think of play one of the first things that comes to mind is "fun" but play is so much more than that for young children. Play is serious business for toddlers and it is up to us as educators to recognize and facilitate learning through play. In this workshop we will explore the importance of play for toddlers and our role in supporting play, including how our environments and schedules can enhance or detract from play. We will also examine the how and why of play at this stage and some special features of the play that toddlers engage in.

**Shannon Harrison** is an adult educator who has also been an early childhood educator for over 20 years. She has a diploma in ECE. Currently, she is teaching in the toddler program at Point Pleasant Child Care Centre.

**November 25, 2014**

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## Intelligent Children Deserve Intelligent Materials

Many innovative child care centres around the world are moving away from toys and equipment with pre-determined purposes and outcomes. Plastic toys are being replaced by "intelligent materials" - open ended materials - both natural and recycled - that encourage problem solving, diverse thinking and provide a variety of textures and experiences. In this workshop we will explore the idea and power of these intelligent materials by exploring the many ways they can be used.

**Elizabeth Hicks** has been working in child care for 25 years. She currently works as an independent consultant with Beacon of Quality and supports early childhood practitioners in thinking about their programs and their goals for children.

**December 2, 2014**

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## The Ninja Turtles are Back ... Are You Ready?

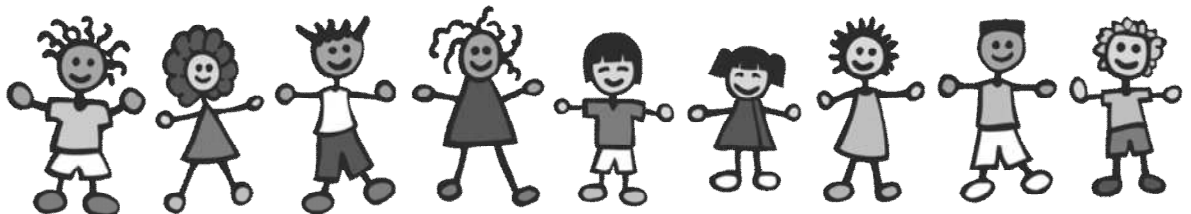
Join us for an open discussion about rough and tumble play. We will address the concerns and apprehensions shared by early childhood educators about its inclusion in daily programming. These concerns will be balanced with a conversation about the opportunities in, and the value of rough and tumble play for children.

**Julie St. Pierre M.Sc.S-LP(C)** is a speech-language pathologist and owner of Stillwater Speech Therapy. She has a background in Child and Youth Study and has worked over 10 years with families and early childhood educators.

**December 9, 2014**

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# PLAY



**The College will accept in-person debit or credit card payments, in addition to cash or cheque. Resource Centre individual members receive a \$5 workshop discount. There is a \$10 fee to replace a lost certificate. There is a \$25 fee for NSF cheques. Please contact Carrie Melsom, Resource Centre Coordinator, 902.423.7114 Ext. 227 with questions, comments, or concerns about this workshop series.**



# 2014 Saturday Fall Workshops

Workshops are held Saturdays from 9:00—Noon; 1:00—4:00 PM; or 9:00—3:30 PM at NSCECE, 6208 Quinpool Road, 2nd Floor Halifax (unless otherwise specified)\*\*



## Building Secure Attachments

*This workshop will focus on the important role attachment plays in child development. Participants will explore attachment theory, how attachments are formed, and the effects of insecure attachment on development and future relationships. Participants will be reminded of the importance of sensitively and appropriately responding to children's needs while also exploring interventions that can be used in the early childhood classroom to help the children we work with.*

**Saturday, October 4**  
**9:00 AM – 3:30 PM**  
**\$80.00**

**Presenter:** Leah Doiron (Quilty), MA CYS, works for Eskasoni and manages the FAS program. Leah provides in-home intervention to children at-risk or diagnosed with developmental delay, and educates parents, caregivers, early childhood educators, and teachers about the effects that prenatal exposure to alcohol can have on development, learning, social skills and behaviour.



## Supporting Children in Resolving Conflicts

*Children's conflicts create many challenges for teachers and parents. You Can't Come to My Birthday Party! Conflict Resolution with Young Children, by Betsy Evans, presents an effective six-step mediation process that adults can use to support young children at tense and emotional times. During this workshop we will discuss how to support children in resolving conflict and practice hands-on scenarios using the six step process learned.*

**Saturday, October 4**  
**9:00 AM – Noon**  
**\$40.00**

**Presenter:** Sonja Bellefontaine has been an Early Childhood Educator with the Dartmouth Family Centre for almost 12 years. She works primarily with families and their children from birth to 5 years of age. Sonja is always interested in exploring new ways to encourage children in their growth and development.



## Science in the Playroom

*What does science look like in the preschool playroom? Does it serve a purpose and could we be doing more? Join Sonja and Nicole to explore the fun and exciting world of science for young children, discuss what you are currently doing and learn some new ideas and explorations. Complete the day by engaging in some hands-on experiments and make a science kit to take back to your centre.*

**Saturday, November 1**  
**9:00 AM – 3:30 PM**  
**\$88.00**  
**Includes materials**

**Presenters:** Sonja Bellefontaine has been an ECE with the Dartmouth Family Centre for almost 12 years. She works primarily with families and their children from birth to 5 years of age. Nicole Fiander has a child and youth background with experience in early childhood and adult education. She is currently employed as a family support worker with the Dartmouth Family Centre.

Fees are non-refundable. The College accepts in-person debit or credit card payments, in addition to cash or cheque. A voucher will be issued if the College is notified of cancellation a minimum of 7 days before the scheduled workshop date. Non-attendance does not constitute cancellation. \$10 fee to replace a lost certificate. \$25 fee for NSF cheque. Contact Carrie Melsom, Resource Centre Coordinator, 423-7114 ext. 227 with questions, comments, or concerns about this workshop series.

Registration is only accepted with a payment. Write down the date and title of the workshop(s) you wish to attend, and forward with payment to NSCECE. You will be notified if your workshop is full or is cancelled for any reason.

To register, forward payment to:

Nova Scotia College of Early Childhood Education, 6208 Quinpool Road. (2nd Floor) Halifax, NS B3L 1A3, 423-7114 Ext.233



**Saturday, November 1**  
**9:00 AM – Noon**  
**\$40.00**

## Let's Stay Healthy!

*Early Childhood professionals can play an important role in supporting optimal mental health and well-being for families, children and for themselves. We invite you to join us as we explore the components of well-being and discover our best selves. We will share meaningful self care strategies that will sustain our resilience and give us the tools to combat Compassion Fatigue. Topics include authenticity, joy and embracing our physical, emotional, social, spiritual, sexual and financial health. You will leave with your own self care starter kit. Welcome to Self Care Bootcamp! Please wear comfortable stretchy clothing - suitable for simple movement and sitting on the floor.*

**Presenter:** Idea girl **Teresa Johnson, MSW, RSW** has worked with infants, children and families for over 15 years. Teresa's motto is to "play everyday". She enjoys and is inspired by (and would like to bottle!) children's sparkle, sense of wonder, fearlessness and spirit of curiosity. In her professional world, she gets to see miracles happen everyday. Teresa's current adventure is "In the Box"... Crossfit training anyone???



## Nature Play

Join Melissa for an outdoor adventure in nearby Flynn Park. Participants will meet at the College then explore an outdoor environment before coming back to the College to try hands-on activities and discuss opportunities for exploring nature in and around our classrooms. Please dress for the weather. This is a rain or shine event.

 **Saturday,**  
**November 1**  
**1:00 PM –**  
**4:00 PM**  
**\$45.00**  
**includes**  
**materials**

**Presenter:** Melissa Connell (B.Ed.) has been working with children for many years in various capacities. She also teaches and works with adults. Melissa is currently working with the Halifax and Region Military Family Resource Centre.



## How Are You Feeling?

*The emotional development of young children is not often discussed, yet is a key underlying developmental parameter. How often do you speak with the children in your care about their feelings and carefully listen to their answers? In this workshop the importance of emotional development of children in the early years will be addressed.*

 **Saturday,**  
**November 22**  
**9:00 AM –**  
**Noon**  
**\$40.00**

**Presenter:** Bernadette Fegan (MA CHYS), is a certified Roots of Empathy instructor and a Seeds of Empathy advocate. Bernadette is the founder of *MIND Early Childhood Development Consultancy*. She mentors ECEs in the field and focuses her work on improving how language and literacy are fostered in the early years.

### Look for the workshop symbol

The college offers a wide variety of workshops each year to help meet the diverse professional development needs of people working in early learning and child care settings. It is our belief that people at different stages of their career look for different types of professional development opportunities and are interested in different types of conversations about their work. Look for these symbols on our workshop schedules to help you decide if a workshop fits your stage of development.



**Budding:** Just starting your career in early childhood education? These workshops are designed to meet your early needs and to prepare you for the challenges that lie ahead.



**Advancing:** Growing in your career? Past the basics? These workshops provide advanced training for maturing early childhood educators, which will reinvigorate you and motivate you to climb a little higher.

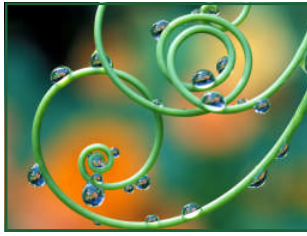


**Master:** These workshops are designed to challenge seasoned early childhood educators who have a rich background in ELCC. You'll dig deeper and find new and innovative information for your maturation and skill level.



**Something here for everyone.**

Of course, these symbols are just a guideline. We hope they are helpful to you as you make your choices. We look forward to your suggestions and feedback about our workshops to help us fine tune programming for the next term. Please call 902.423.7114 Ext.227 or e-mail [resourcecentre@nscece.ca](mailto:resourcecentre@nscece.ca).



**Saturday, Nov. 22**  
**1:00 PM – 4:00 PM**  
**\$40.00**

## Re-Ignite Your Passion with Teacher Research

*Are you familiar with teacher research and the role it might play in your teaching life? When we use inquiry-based teaching and learning in our centres, questions inevitably arise for teachers. What do we do with these ‘big ideas and questions?’ Rather than let them float away we can address our questions through our work with children. This is teacher research, and it has the potential to re-ignite our passion for teaching. In this workshop, we will strive to understand what teacher research is, examine some examples, and formulate our own research questions in response to what our children are doing.*

**Presenter:** Susan Stacey has been in the field for over 30 years, as a teacher, director, college professor and writer. She often works with ECEs addressing such topics as, documentation, reflective practice, emergent curriculum, and Reggio Emilia inspired approaches. Susan has written two books about emergent curriculum and will soon have her third book, focusing on documentation, published.



**Saturday,**  
**Nov. 22**  
**9:00 AM –**  
**Noon**  
**\$40.00**

### Inspired by Play! Using Play to Initiate the Planning Cycle

*Noticing and appreciating the value and potential of what children are doing in their own freely chosen play is one of the key skills of a child-focused early childhood educator. Making sense of what you notice to provision the environment or plan activities is one of the first steps in developing an intentional program. Join Karen for a conversation about how teachers can use observations of children’s self-initiated play to create engaging and developmentally appropriate activities for children.*

**Presenter:** Karen Patterson is the Assistant Director of Leeds Street Child Care Centre as well as an advisor with NSCECE’s Guided Workplace Experience course.



**Saturday,**  
**Dec. 13**  
**9:00 AM –**  
**3:30 PM**  
**\$80.00**

## “Power Play”

*As early childhood educators we know that children learn best through play. However, outside pressures for school readiness and academic skills push in making it more and more challenging to keep play at the forefront of our practice. Understanding the value play has in enhancing children’s development helps us to speak with confidence and conviction when defending children’s right to play. This workshop will provide participants with time to play, learn, reflect and plan to realize the full power of play in their environments.*

**Presenter:** Shari Ridgewell, M Ed., BAA ECE, has worked for over 30 years in the field of early childhood. She enjoys facilitating PD opportunities for child care staff on many different topics that support a play based, child centered approach to learning.



**Saturday,**  
**December 13**  
**9:00 AM –**  
**Noon**  
**\$40.00**

### Play Skills and the Child with Autism

*This workshop will focus on the unique nature and differences in children with autism and their development of play skills. Participants will leave with practical strategies on how to support children on the autism spectrum in play environments and how to scaffold and program for realistic outcomes in this area. Strategies will include information in associative play, and facilitating cooperative play with peers. As always, Crystal’s workshop will include lots of lively discussion and opportunities for collegial interaction and planning.*

**Presenter:** Crystal Harms (M.ED) As the founder of Paths to Learning, Crystal creates, implements and closely follows each client’s unique programming, progress, and development. She became a Board Certified Associate Behavior Analyst in 1997.



**Saturday,**  
**December 13**  
**1:00 PM –**  
**4:00 PM**  
**\$40.00**

### How Does Your Team Work?

*Developing a staff of individuals into an effectively functioning team can be a rewarding experience. In a well-functioning team, members will be motivated and enabled to use their talents to the fullest. Your team is made up of introverts and extroverts, do you know who you are? This workshop will focus on exploring what introverts and extroverts bring to the team, their strengths and challenges. Participants will better understand their own preference and how that impacts a team.*

**Presenter:** Janet Boutilier, M.ED, is a certified facilitator for Personality Dimensions and Instructor at NSCECE. In addition to teaching courses in Research Issues and Interpersonal Communication she offers professional development workshops in team building and working well with families.



# NSCECE 2014 Fall Workshop Planner

Please use this planner to help organize your workshop registration. Where there are multiple participants for a workshop **please include full names on a separate sheet** that includes the workshop title. Registration is only accepted with a payment. The College will accept in-person debit or credit card payments, in addition to cash or cheques. Forward payment to: NSCECE, 6208 Quinpool Road, Halifax NS B3L 1A3. Inquiries: (902)423-7114 Ext. 233. Check [www.nscece.ca](http://www.nscece.ca) for updates about which workshops are full.

**No phone registrations accepted. Workshop fees are non-refundable. A voucher will be issued if the College is notified of cancellation a minimum of 7 days before the scheduled workshop date.**

Workshop	Presenter	Date	Cost	#Participants	Total Amount
<b>Focus: Curriculum</b>					
Architects in the Block Corner: Provisioning for Block Play	Stefanie Hazelden	September 23 7:00 - 9:00 PM	\$40.00		
Let's Pretend: Creative Movement & Dance in the Classroom	Stefanie Hazelden	September 30 7:00 - 9:00 PM	\$40.00		
Science in the Playroom	Sonja Bellefontaine & Nicole Fiander	November 1 9:00 - 3:30 PM	\$88.00		
Nature Play	Melissa Connell	November 1 1:00 - 4:00 PM	\$45.00		
Recipes From the Mud Kitchen	Lisa Davies	November 4 7:00 - 9:00 PM	\$40.00		
<b>Focus: Preschool Care and Education</b>					
Organizing for Successful Program Transitions	Julie St. Pierre	October 21 7:00 - 9:00 PM	\$40.00		
Partnering for Play (Repeat)	Debbie Thompson	November 18 7:00 - 9:00 PM	\$40.00		
How Are You Feeling?	Bernadette Fegan	November 22 9:00 - Noon	\$40.00		
Intelligent Children Deserve Intelligent Materials	Elizabeth Hicks	December 2 7:00 - 9:00 PM	\$40.00		
<b>Focus: Observation and Behaviour Guidance</b>					
Supporting Children in Resolving Conflicts	Sonja Bellefontaine	October 4 9:00 - Noon	\$40.00		
Inspired by Play! Using Play to Initiate the Planning Cycle	Karen Patterson	November 22 9:00 - Noon	\$40.00		
The Ninja Turtles are Back ... Are You Ready?	Julie St. Pierre	December 9 7:00 - 9:00 PM	\$40.00		
<b>Focus: Diversity and Inclusion</b>					
Play Skills and the Child With Autism	Crystal Harms	December 13 9:00 - Noon	\$40.00		



Centre Name: \_\_\_\_\_

Centre Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_



Visit [www.nscece.ca](http://www.nscece.ca) to subscribe to e-mail updates about workshops and Resource Centre activities.

# NSCECE 2014 Fall Workshop Planner

## 2014 Fall Evening Courses:

- **ECE 113** Introduction to Curriculum Wednesdays/Thursdays
- **ECE 306** Children with Special Needs Wednesdays/Thursdays
- **ECE 425** Administration and Management Tuesdays

**Inquiries (902) 423-7114 or info@nscece.ca Visit [www.nscece.ca](http://www.nscece.ca) for more details**

Workshop	Presenter	Date	Cost	#Participants	Total Amount
<i>Focus: Infant &amp; Toddler Care</i>					
Building Secure Attachments	Leah Doiron	October 4 9:00 - 3:30 PM	\$80.00		
The Power & Necessity of Co-Regulation in the Early Years	Lisa Brett	October 7 7:00 - 9:00 PM	\$40.00		
Time to Play (Birth to 18 months)	Bernadette Fegan	October 14 7:00 - 9:00 PM	\$40.00		
Purposeful Play with Toddlers	Shannon Harrison	November 25 7:00 - 9:00 PM	\$40.00		
<i>Focus: Becoming a Professional</i>					
"I Have Values" - Easy to Say; Easy to Do?	Elizabeth Hicks	October 28 7:00 - 9:00 PM	\$40.00		
Let's Stay Healthy!	Teresa Johnson	November 1 9:00 - Noon	\$40.00		
Re-Ignite Your Passion With Teacher Research	Susan Stacey	November 22 1:00 - 4:00 PM	\$40.00		
"Power Play" (Repeat)	Shari Ridgewell	December 13 9:00 - 3:30 PM	\$80.00		
How Does Your Team Work?	Janet Boutilier	December 13 1:00 - 4:00 PM	\$40.00		



## Nova Scotia College of Early Childhood Education—Student Success Services

We honour your prior learning through work experience, informal education or training, independent studies, or volunteer activities.

### Prior Learning Assessment and Recognition (PLAR)

You may be eligible for college credits. Any individual with at least five years of early childhood education experience may apply.

**Barbara Rowe, Student Success Counselor 902 423-7114 Ext. 224**



## ALL TOGETHER NOW!

### Inclusion Support Group

We meet 9:00—11:00 AM on the last Monday of each month at NSCECE. Join colleagues for facilitated discussion about issues relating to inclusive early learning programs. Share strategies, insights, and challenges as part of a learning community.

**Call Carrie at 902 423-7114 Ext. 227**