

Daily Reflective Journal Assignment



What is a Reflective Journal?

It is a piece of writing which allows you to record ideas, personal thoughts and experiences, as well as reflections and insights you have during your practicum experience. It encourages you to review and consolidate your learning from your coursework, to evaluate your performance, and to better plan for the future. You will take charge of your own learning and will incorporate this into your lifelong practice as an Early Childhood Educator.

Reflective journal writing requires you to think more deeply, confront your own values and beliefs, and encourage you to pose questions.

How to Complete this Assignment

You will be writing 20 journal entries. This means you will be doing one entry each day. A journal booklet has been included in your package and your entries do not have to be typed. Each day has a possible topic for you to explore. You can choose to write on this topic or choose one of your own. Choose significant happenings that have taken place and write an account of them. Make an effort to reflect on what you learned from the situation and how that might lead to a change in thinking or practice. Journals are private and will only be reviewed by the student's Practicum Advisor.

Five Tips for Writing a Journal Entry

- Write in first person, as if you are writing a letter to a friend
- There is no right or wrong answer for a journal entry. Therefore, feel free to express your ideas, opinion, and thoughts
- Don't hesitate to share your personal experience if that helps to illustrate your point
- Don't limit yourself to words – diagrams and pictures are ok too
- Don't be too intimidated by English rules. It's okay to make minor grammatical mistakes if that does not interfere the transmission of ideas. Don't put too much thoughts about how to write good English, instead spend more effort on what to write.